

PRIMARY - METALLIC GOLD + NAVY



**BERNARD
OWENS**

RECOGNIZE • ORIENT • NAVIGATE

MEDIA KIT

BERNARD OWENS, M.DIV.

TEDx Speaker • Author • Behavioral Health Professional

Navigate Difficult Terrain Without Losing Yourself

BernardOwensSpeaks.com | speak@bernardowensspeaks.com



ABOUT BERNARD

Bernard Owens is a TEDx speaker, author, and behavioral health professional whose work helps audiences navigate uncertainty, setbacks, and major life transitions without losing themselves in the process.

Drawing from lived experience, over a decade of frontline crisis intervention work, and theological training (M.Div., Candler School of Theology, Emory University), Bernard offers a practical, navigation-based framework for reconnecting with purpose, resilience, and human connection.

"I don't show up to motivate. I arrive to help YOU navigate."

SIGNATURE KEYNOTE

Finding Solid Ground: Reclaiming Stability, Identity, and Purpose in Uncertain Times

Most people don't lose hope first. They lose their footing first. This keynote teaches practical strategies for navigating uncertainty, rebuilding confidence, and moving forward with clarity, using a navigation framework audiences can apply immediately in their own lives.

SELECTED CAREER HIGHLIGHTS

- TEDx Speaker
- Michigan State University Commencement Speaker (10,000+ audience, 1993)
- Author, *The Only Thing Wrong With You Is That You Think Something's Wrong With You*

- Behavioral Health Professional (QMHP, R-CPRS)
- Crisis Intervention Team Trainer
- Fairfax County Recovery Services Keynote Speaker
- Featured alongside Les Brown
- Detroit Repertory Theatre Best Actor Award recipient

MEDIA APPEARANCES & LINKS

Speaker Reel: <https://youtu.be/9u3zJx7RPTM>

TEDx Talk: <https://www.youtube.com/watch?v=CcYpOD9IK7U>

FOX 5 Atlanta: <https://www.fox5atlanta.com/video/1278876>

NBC Palm Springs: <https://youtu.be/1ClVWpJFzg8>

Scripps News: <https://video.snapstream.net/Play/39Tkjac7wgJVmRreCmag82?accessToken=b4hd7xbjl5ss8>

Action News 5: <https://www.actionnews5.com/video/2023/07/05/bluff-city-life-wednesday-05-july-pt-1-8>

The Michael Finkley Show: <https://www.youtube.com/watch?v=bO6HPB94CUc>

The Roundtable: https://www.youtube.com/watch?v=F0tDGqO_ceE

Amazon Book: <https://www.amazon.com/ONLY-Thing-Wrong-You-Somethings/dp/B0BSJ6FTPC>

LinkedIn: <https://www.linkedin.com/in/bernard-owens-352413129/>

YouTube Channel: <https://www.youtube.com/@BernardOwensjr>

75-WORD BIO

Bernard Owens is a TEDx speaker, author, and behavioral health professional with over a decade of frontline crisis intervention experience. Holding an M.Div. from Candler School of Theology at Emory University, Bernard helps audiences navigate uncertainty, setbacks, and major life transitions without losing themselves. His signature keynote, Finding Solid Ground, has reached audiences from Fairfax County to Michigan State University's 10,000-person commencement.

150-WORD BIO

Bernard Owens is a TEDx speaker, author, and behavioral health professional whose work helps people navigate uncertainty, setbacks, and major life transitions without losing themselves in the process. He holds an M.Div. from Candler School of Theology at Emory University and brings over a decade of frontline behavioral health and crisis stabilization experience to every stage he steps on.

Bernard's signature keynote, Finding Solid Ground: Reclaiming Stability, Identity, and Purpose in Uncertain Times, teaches practical strategies for rebuilding confidence and moving forward with clarity. He has addressed audiences ranging from Michigan State University's 10,000-person commencement to Fairfax County Recovery Services, and has shared stages alongside Les Brown.

He is the author of The Only Thing Wrong With You Is That You Think Something's Wrong With You, and his work has been featured on FOX 5 Atlanta, NBC Palm Springs, and Scripps News.

FULL BIO

Bernard Owens is a TEDx speaker, author, and behavioral health professional whose work is built on a simple conviction: most people don't lose hope first, they lose their footing first. For over a decade, Bernard has worked on the front lines of behavioral health and crisis stabilization, sitting with people in their most disoriented moments and helping them find their way back to themselves.

Bernard holds a Master of Divinity from the Candler School of Theology at Emory University, and is a Qualified Mental Health Professional (QMHP) and Registered Certified Peer Recovery Specialist (R-CPRS). This combination of clinical training, theological depth, and lived experience shapes a body of work that speaks equally to boardrooms, sanctuaries, and recovery communities.

His signature keynote, Finding Solid Ground: Reclaiming Stability, Identity, and Purpose in Uncertain Times, teaches practical, navigation-based strategies for rebuilding confidence after setbacks. Rather than positioning himself as a motivational speaker, Bernard describes his role plainly: "I don't show up to motivate. I arrive to help YOU navigate."

Bernard's platform has included the Michigan State University commencement stage in front of more than 10,000 people, the Fairfax County Recovery Services keynote, and appearances alongside Les Brown. He is the author of The Only Thing Wrong With You Is That You Think Something's Wrong With You, available on Amazon, and his story has been featured on FOX 5 Atlanta, NBC Palm Springs, Scripps News, and Action News 5.

Bernard is based in Atlanta, Georgia, and is represented by Salem Speakers Bureau.

EVENT PLANNER INTRODUCTION SCRIPT

"Please welcome to the stage a man who has spent over a decade helping people find their way back to themselves in the most disorienting moments of their lives. He's a TEDx speaker, an author, and a behavioral health professional with a Master of Divinity from Emory University. He's addressed audiences of over 10,000 people, shared the stage with Les Brown, and built a keynote around a simple truth: we don't lose hope first, we lose our footing first. Please welcome Bernard Owens."

AV REQUIREMENTS

- Wireless lavalier or headset microphone (preferred over handheld for mobility)
- Confidence monitor or stage-visible timer, if available
- HDMI or wireless screen-share capability for slide deck (16:9)
- Stage lighting sufficient for video recording, where recording is planned
- Podium optional — Bernard typically presents from open stage

TRAVEL INFORMATION

- Based in Atlanta, GA; regularly commutes to the Northern Virginia / DC area
- Nearest major airport: Hartsfield-Jackson Atlanta International (ATL)
- Ground transportation and accommodations arranged per standard speaker agreement

